

NEWSLETTER

FRESH STARTS, BIG IDEAS, AND A SIDE OF VEGGIES

Hello Friends,

May has us buzzing with momentum and we're thrilled to share it with you!

First, The Bloomerang Network is officially live! This has been a few years in the making and we are so proud of our recent launch! If you haven't joined the network yet, now's the perfect time. Click here to learn more and sign up.

We've created a space for leaders, doers, and dreamers across community, public health, longevity, and resilience to connect and build what's next—together.

We've also been reflecting on what CHMRC really stands for. It's right there in our name: Creating Healthier, More Resilient Communities. We got our start in California, but our mission is growing beyond to other states. We are supporting partnersand programs nationwide from California to Indiana to Georgia.

This month, we're diving into community-powered food solutions, especially those lifting up older adults. Food access isn't just about nutrition—it's about dignity, connection, and long-term health. We're honored to share stories from the ground up.

I would like to round out my update with a very warm welcome to the newest member of the CHMRC Board of Directors: Ed Kacic. Ed is the retired President of the Irvine Health Foundation. We are thrilled to have Ed's expertise, vision, and leadership as part of the CHMRC family. Welcome, Ed!

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Here is to what's blooming this season, and the community we are growing together.





JOIN US
TODAY!

Fuel your passion for community engagement and longevity in a vibrant online space where ideas flow and connections grow. From nonprofits, industry leaders to executives, TBN is where changemakers come together to spark impact and build healthier communities. You belong here.



WHAT'S NEW IN COMMUNITY ENGAGEMENT

RETHINKING FOOD INSECURITY: IT'S ABOUT QUALITY, NOT JUST CALORIES

A new <u>briefing</u> from Health Affairs highlights that solving food insecurity isn't just about access—it's about quality.

Across the country, communities are leaning into fresh, locally sourced food to nourish families while supporting small farmers. These grassroots networks show how local coalitions can tackle social needs and strengthen their own ecosystems.



But as demand grows, sustainability is at risk. The path forward? Creative, cross-sector partnerships that blend public funding, private support, and community know-how.

Because food security isn't only about calories—it's about dignity, nutrition, and real health outcomes.

Interested in our Community Engagement work? Reach out to us here.



Natasha Goburdhun Chief Community Strategy Officer CHMRC

WEBINAR SERIES

Last month, CHMRC CEO Ellen Young introduced The Bloomerang Network—a welcoming new space for leaders in public health, community, and longevity to connect and grow together. From Japan to Italy to North America, changemakers joined us. It felt like the start of something truly special. Click here to join TBN and watch the replay.





PARTNER SPOTLIGHT

This month's Partner Spotlight shines on Gina Brown, founder of Let Us Learn. From school gardens to Veggie Rescue Saturdays, Gina's intergenerational approach to food insecurity is changing lives in New Albany, Indiana—proving that big impact can start with just one seed (and a whole lot of heart). Read it here!







PUBLIC HEALTH REPORTING INSIGHTS

17 MILLION REASONS DATA MATTERS

Timely, accurate data is the backbone of public health. From January to March 2025, CHMRC generated over 17 million Syndromic Surveillance messages—informing real-time detection and response to public health threats across California.

Automated reporting delivers faster, smarter insights. Want to strengthen your system and amplify impact? Let us be your reporting partner. Reach out to us here.



Amelia Priest
Senior Director of Client Services
CHMRC

FROM GARDEN BEDS TO COMMUNITY THREADS:

A Fireside Chat with Gina Brown, Founder of Let Us Learn

Can one school garden change a community? Join us to see how Gina Brown is tackling food insecurity through gardening and intergenerational connections—one seed at a time.















